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# A comprehensive review of animal structures for milking cows: Current practices and future perspectives

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#### Abstract

The milking process is a crucial aspect of modern dairy farming, as it directly impacts milk yield, quality, and animal welfare. Over the years, various animal structures have been designed and implemented to enhance the milking process for cows. This review paper aims to provide a comprehensive overview of the different milking structures employed in dairy farming, including traditional and automated systems. We explore the advantages and limitations of each approach, considering their impact on cow health, milk production, and labour efficiency. Furthermore, we discuss emerging technologies and future perspectives that can potentially revolutionize the milling industry.

Keywords: Milking, animal structures, cow health, milk production

#### Introduction

Dairy farming is a vital industry worldwide, supplying a significant portion of the global population with milk and dairy products <sup>[1]</sup>. Efficient milking practices are essential for maximizing milk yield and maintaining the health and well-being of milking cows. This paper delves into the evolution of animal structures for milking cows, tracing the transition from manual labour to automated milking systems. We outline the primary objectives of various milking structures, emphasizing their impact on animal welfare, milk quality, and the overall dairy industry <sup>[2]</sup>.

## **Traditional Milking Structures**

In the early stages of dairy farming, milking cows was predominantly done by hand, requiring manual labour and close human-animal interaction. This section explores the traditional milking structures, such as stanchion barns and tie-stall systems, highlighting their advantages and drawbacks in terms of cow comfort, milking efficiency, and labour requirements <sup>[3]</sup>. Traditional milking structures have been used for centuries in dairy farming, representing the early stages of human-animal interaction in the milking process. These structures were primarily designed for manual milking, relying on the skill and expertise of milkers. Despite technological advancements, some traditional milking systems are still in use today, particularly in small-scale or traditional dairy operations. This section explores the main types of traditional milking structures and provides insights into their advantages and limitations <sup>[2, 3]</sup>.

#### **Stanchion Barns**

Stanchion barns, also known as tie stalls or stanchion tie-ups, were one of the earliest milking structures. In this system, cows are individually tied in place with their heads secured in a stanchion, preventing movement during milking. Milkers would then manually milk each cow by hand. Stanchion barns offered a controlled environment and facilitated individual attention to each animal (Fig. 1). However, this system has some limitations, such as limited cow mobility, restricted social interaction, and increased stress levels for the cows<sup>[4]</sup>.

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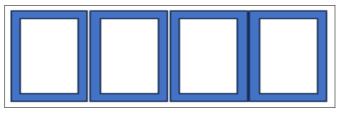


Fig 1: Stanchion barn for cows

## **Tie-Stall Systems**

Similar to stanchion barns, tie-stall systems involve individual stalls for each cow. However, instead of securing the cows with stanchions, they are tied with a rope or chain to a post or rail. The milking process occurs manually, and cows are released from their stalls after milking <sup>[5]</sup>. Tie-stall systems are more comfortable for cows compared to stanchion barns as they allow some movement. Nonetheless, they still pose challenges related to cow comfort, cleanliness, and labour efficiency (Fig. 2).

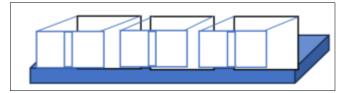


Fig 2: Stanchion barns

#### Milking by Hand

Before the introduction of more sophisticated milking structures, milking cows by hand was the most common method. This required skilled milkers who would manually milk each cow, one at a time <sup>[6]</sup>. While hand milking allowed for individual attention and inspection of each cow's udder, it was labor-intensive and time-consuming, making it impractical for large-scale dairy operations (Fig. 3).



Fig 3: Milking by hand

<b>Table 1:</b> Advantages and limitations of traditional milking structures
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Advantages	Limitations
1. Close Human-Animal Interaction: Traditional milking	1. Labor-Intensive: Manual milking required significant labour
structures fostered a strong bond between milkers and cows,	input, which was not sustainable for large-scale dairy
allowing for individual care and attention.	operations.
2. Control over Milking Process: Manual milking provided	2. Reduced Milking Efficiency: The manual milking process
milkers with direct control over the milking process, enabling	was slower and less efficient compared to modern automated
early detection of potential health issues in cows.	systems, leading to lower milk yield per hour.
3. Low Initial Investment: Traditional milking structures were	3. Cow Discomfort: Some traditional structures, like stanchion
relatively simple and cost-effective to set up, making them	barns, limited cow movement and social interaction, potentially
accessible to small-scale farmers.	causing stress and discomfort.

#### Transition to modern milking systems

As the dairy industry evolved and expanded, the limitations of traditional milking structures became apparent. Farmers sought more efficient and automated alternatives to increase milk production and improve cow welfare. This led to the development of parlour milking systems and, eventually, robotic milking systems <sup>[6, 7]</sup>.

The transition to modern milking systems has been a transformative journey for the dairy industry, marked by significant advancements in technology and management practices. This section delves into the evolution of milking systems and highlights the key milestones in the transition from traditional methods to modern, automated milking systems. Modern milking systems aim to optimize milk production, improve cow welfare, and streamline dairy farm operations. These systems are designed to enhance milking efficiency, reduce labour demands, and provide cows with a more comfortable and stress-free milking experience. The journey towards modern milking began in the mid-20th century and has continued to evolve with the advent of cutting-edge technologies <sup>[8]</sup>.

#### Parlor milking systems

The introduction of milking parlours allowed multiple cows to be milked simultaneously, significantly increasing milking efficiency. Different types of parlour systems emerged, including: Herringbone parlours: Cows stand at an angle, forming a "V" shape, making it easier for milkers to access udders from both sides., b. Parallel parlours: Cows stand side by side in a straight line, allowing for quick and efficient attachment of milking machines and c. Rotary parlours: A circular platform rotates slowly, bringing cows to the milking stations, where they are automatically milked before being rotated back out.

#### Milking Machines and Vacuum Technology

The introduction of milking machines in the mid-20th century significantly reduced the reliance on manual labour for milking cows <sup>[9]</sup>. Milking machines use vacuum technology to extract milk from the udder efficiently. This breakthrough not only increased milking speed but also improved milk quality by reducing the risk of bacterial contamination (Fig 4).

#### Transition to robotic milking systems

The late 20th century witnessed a remarkable transition towards robotic milking systems. Robotic milking machines offered even greater flexibility, as cows could choose when to be milked, allowing for more natural milking intervals. These systems use sensors to identify cows and automatically attach milking cups, eliminating the need for human intervention during the milking process <sup>[10]</sup>. The cows voluntarily enter the robotic milking stall, making it a stress-free experience.



Fig 4: Milking machine



Fig 5: Robotic milking systems

Table 2: Advantages and challenges	of modern milking systems
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Advantages	Challenges
1. <b>Increased Milking Efficiency:</b> Modern milking systems can accommodate more cows per hour, leading to increased milk yield and improved farm productivity.	1. <b>Initial Investment:</b> The transition to modern milking systems can involve significant upfront costs, especially for robotic milking systems.
<ol> <li>Reduced Labor Demands: Automation reduces the need for manual labour, allowing dairy farmers to focus on other aspects of farm management.</li> </ol>	<ol> <li>Technical Expertise: Farmers and farmworkers may require specialized training to operate and maintain automated milking systems effectively.</li> </ol>
3. <b>Improved Cow Comfort:</b> Modern milking structures prioritize cow comfort and welfare, reducing stress and increasing milk production.	3. <b>Cow Adaptation:</b> While most cows adapt well to modern milking systems, some may require time to acclimate to the changes.

## **Environmental Impact**

Modern milking systems can positively impact the environment by optimizing resource usage and waste management. The reduction in labour and energy consumption contributes to overall sustainability in dairy farming. Advancements in technology continue to shape the future of milking systems. Further developments in data analytics, precision milking, and cow monitoring will likely enhance milking efficiency, cow health, and milk quality <sup>[11]</sup>. The transition to modern milking systems has been a game-changer for the dairy industry. From parlour milking systems to automated robotic technology, these structures have optimized milk production while prioritizing cow welfare. As the dairy sector evolves further, the integration of emerging technologies will continue to drive innovation and shape the future of milking systems for the better <sup>[7, 10]</sup>.

## Milking caves and Cow-friendly designs

With an increasing focus on animal welfare, researchers and farmers have explored milking caves and cow-friendly designs. We examine how these structures aim to reduce stress and anxiety in cows during the milking process, resulting in improved milk quality and overall productivity. Milking caves and cow-friendly designs represent a modern approach to dairy farming, focusing on creating a stress-free and comfortable environment for cows during the milking process <sup>[12]</sup>. These innovative structures prioritize animal welfare, leading to improved milk quality, increased milk yield, and enhanced overall productivity.

This section explores milking caves and cow-friendly designs, highlighting their features, advantages, and impact on cow well-being and milk production <sup>[13]</sup>.

# **Milking Caves**

Milking caves, also known as milking parlours with natural ventilation, are enclosed structures designed to provide a quiet, calming environment for cows during milking (Fig 6). These structures are often built underground or semiunderground, offering a stable microclimate that reduces temperature fluctuations and shields cows from adverse weather conditions. Milking caves prioritize cow comfort and stress reduction, creating a pleasant atmosphere that promotes relaxation during milking <sup>[13]</sup>.

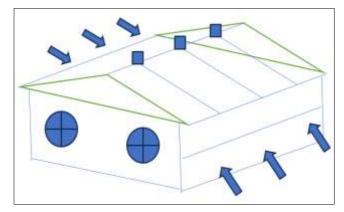


Fig 6: Milking parlors with natural ventilation

Table 3: Features and Advantages of Milking Caves

Feat	tures	Adva	antages
1.	Natural Ventilation: Milking caves use natural airflow and	1.	Improved Cow Behavior: Milking caves encourage cows to
	ventilation, minimizing the need for mechanical cooling or		voluntarily enter the parlor, reducing stress and anxiety
	heating systems.		associated with milking.
2.	Dim Lighting: Soft, dim lighting within the caves helps	2.	Better Milk Quality: Reduced stress during milking
	create a serene environment, minimizing stress and		positively impacts milk quality, as cows produce milk with
	encouraging cows to enter willingly.		lower somatic cell counts and improved composition.
3.	Quiet Milking Environment: Noise reduction is a key aspect	3.	Increased Milking Efficiency: The relaxed milking
	of milking caves, ensuring a calm and stress-free atmosphere		environment allows for faster attachment and completion of
	for cows.		the milking process.

## **Cow-Friendly Designs**

Cow-friendly designs encompass a range of features in dairy facilities that prioritize the well-being of cows throughout their daily routines <sup>[8]</sup>. These designs focus on cow comfort, efficient cow traffic flow, and reduced stress during milking and other management activities (Fig. 7).

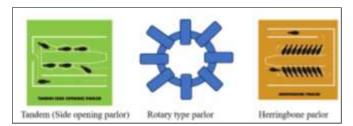


Fig 7: Cow-friendly milking parlor design.

# Key features of cow-friendly designs

- 1. **Comfortable Resting Areas:** Cow-friendly designs incorporate soft, clean, and well-bedded resting areas that encourage cows to rest comfortably.
- 2. Efficient Cow Traffic: Properly designed alleys and walkways facilitate smooth cow movement, reducing stress during transitions between different areas of the farm.
- 3. Access to Feed and Water: Cow-friendly facilities ensure easy access to fresh water and nutritious feed to support cow health and milk production.

## **Impact on Cow Welfare**

- 1. **Reduced Lameness and Injuries:** Cow-friendly designs help minimize the risk of lameness and injuries by providing non-slip surfaces and well-maintained facilities.
- 2. Enhanced Cow Comfort: Comfortable and stress-free environments lead to healthier cows with improved fertility and longevity.
- 3. **Better Milk Production:** Content and healthy cows tend to have higher milk yields and produce milk with improved quality.

## Synergy with automated milking systems

Milking caves and cow-friendly designs can work in synergy with automated milking systems, as the stress-free and accessible environment aligns well with the voluntary milking concept of robotic milking systems <sup>[7, 14]</sup>.

# **Adoption and Implementation**

Adopting milking caves and cow-friendly designs may require initial investment; however, the long-term benefits in terms of cow health, milk production, and farm profitability justify the costs. Dairy farmers and industry stakeholders are increasingly recognizing the importance of animal welfare and are embracing these innovative structures <sup>[13]</sup>. Milking caves and cow-friendly designs represent a progressive approach to dairy farming that prioritizes the well-being of cows during the milking process and beyond. These innovative structures not only improve cow comfort and milk quality but also contribute to the overall sustainability and success of the dairy industry. As the focus on animal welfare continues to grow, the adoption of milking caves and cowfriendly designs will likely become more prevalent in modern dairy farming practices <sup>[11-13]</sup>.

# Milk Quality and Hygiene

Maintaining milk quality and hygiene is of utmost importance in the dairy industry. In this section, we discuss how different milking structures can influence milk quality and explore practices that ensure proper milk handling and storage. Milk quality and hygiene are critical aspects of dairy farming that directly impact the safety and nutritional value of milk and dairy products. Ensuring high milk quality involves a combination of proper milking practices, efficient handling, and appropriate storage conditions. This section explores the factors that influence milk quality and hygiene, along with the best practices to maintain the highest standards throughout the dairy supply chain <sup>[14]</sup>.

# **Milking Practices**

The milking process is a crucial stage that directly affects milk quality. Proper milking practices are essential to prevent contamination and ensure the hygienic collection of milk <sup>[15]</sup>. Key considerations include:

# **Pre-Milking Preparation**

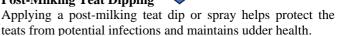
Thoroughly cleaning and sanitizing the udder and teats before milking helps reduce bacterial load and minimize the risk of milk contamination.

# Proper Milking Technique



Using correct milking machines and techniques ensures gentle and efficient milk extraction without damaging the teats or introducing contaminants.

# Post-Milking Teat Dipping



# **Hygienic Milking Environment**

Maintaining a clean and hygienic milking environment is critical to prevent milk contamination. Key aspects include:

- 1. **Clean Milking Parlor or Milking Cave:** Regular cleaning and disinfection of milking parlours or caves reduce bacterial presence and create a more sanitary environment for milking cows.
- 2. **Hygienic Milking Equipment:** Milking machines and related equipment should be thoroughly cleaned and

International Journal of Veterinary Sciences and Animal Husbandry

sanitized between milkings to avoid bacterial growth and cross-contamination.

#### **Cooling and Storage**

Proper cooling and storage of milk are vital to preserve its quality. Rapid cooling of milk immediately after milking inhibits bacterial growth and ensures longer shelf life <sup>[16]</sup>. Effective milk storage practices include:

- 1. **Refrigeration:** Storing milk at low temperatures (typically around 4 °C or 39°F) slows down bacterial growth and maintains freshness.
- 2. **Hygienic Storage Containers:** Using clean and sanitized milk storage containers prevents the introduction of contaminants into the milk.

#### **Monitoring and Testing**

Regular monitoring and testing of milk quality are essential to identify potential issues early and implement corrective measures. Common tests include: A. Somatic Cell Count (SCC): A high SCC indicates possible udder infections, which can affect milk quality and cow health. b. Bacterial Count: The bacterial count in milk reflects its hygiene level and can indicate contamination issues <sup>[17, 18]</sup>.

# **Traceability and Record-Keeping**

Maintaining accurate records of milking practices, milk quality tests, and storage conditions allows for traceability and facilitates problem-solving in case of quality issues. Milk quality and hygiene are fundamental pillars of dairy farming <sup>[19]</sup>. Implementing best practices in milking, handling, cooling, and storage is essential to ensure that milk remains safe, nutritious, and free from contaminants <sup>[16, 20]</sup>. By prioritizing milk quality, dairy farmers can build trust with consumers and contribute to the overall sustainability and success of the dairy industry.

#### **Future Perspectives**

The final section of the review paper explores emerging technologies and future trends in milking structures. We discuss potential advancements in automation, data analytics, and precision milking techniques that could further enhance the productivity and welfare of milking cows.

#### Conclusion

The choice of milking structure significantly influences dairy farming operations, cow well-being, and milk quality. This review paper highlights the diverse array of animal structures for milking cows, ranging from traditional systems to cuttingedge robotic technologies. By understanding the advantages and limitations of each approach, farmers and researchers can make informed decisions to optimize dairy productivity, cow health, and overall sustainability in the milking industry.

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