Overview of Inclusion Body Hepatitis (IBH) in commercial broilers

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Abstract
Inclusion Body Hepatitis (IBH) is viral disease of Avian Adenoviruses group and mostly affects avian species. Incidences of Adenovirus infection is gradually increases in most of the countries and many infections are in subclinical form. Mostly after the declining of maternal immunity in chicks, virus replicates in birds and make them prone to infections. IBH Infection in birds is characterized by haemorrhages and dystrophic necrobiotic changes in the liver and kidneys, accompanied by intranuclear inclusion bodies. A characteristic macroscopic lesion is the enlarged, dystrophic liver with yellowish color and crumbly texture. Like most of the viral diseases, IBH also don’t have any specific treatment but to prevent secondary bacterial infections antibiotic may be given to birds. Proper vaccination in parents will give adequate antibodies in progeny, and if there is decline in maternal antibodies we can go for vaccination in progeny. It is a common disease in several countries and resulting huge mortality in broiler birds causing serious economic loss to poor farmers.

Keywords: Avian Adenoviruses, Commercial Broilers, Inclusion Body Hepatitis, Liver and Kidney

Introduction
Inclusion Body Hepatitis (IBH) is viral disease basically Adenoviruses group and are widespread throughout all avian species. Avian adenoviruses (AAVs) in broilers responsible for causing two important diseases known as inclusion body hepatitis (IBH) and hydropericardium syndrome (HP). Inclusion body hepatitis was first described in the US in 1963 by Helmbolt and Frazier [1]. Necropsy revealed friable, pale yellow-white livers scattered with hemorrhages. Spotted hemorrhages were seen on the abdominal walls and thighs and on the pale and swollen kidneys. Areas of congestion of ventriculus and spleen were present. It is a common disease in several countries, where broilers are severely affected, resulting in high mortality rates. The disease occurs mainly in chickens 3 to 7 weeks of age, but it has been reported in chickens less than 1 week old [2]. IBH infection rates are high in birds with secondary infection to some immunodeficiency diseases like Infectious Bursal Disease (IBD) and Chicken infectious Anaemia (CIA) [3, 4, 5]. Although IBH is transmitted by both vertical and horizontal means, vertical transmission is reported as a very efficient way to spread from parent birds to progenies [6, 7]. Pathological lesion in liver is result of various degrees of haemorrhages. Ecchymotic hemorrhages may also be seen in the liver and less consistently in leg and breast muscles. In most cases, the main lesions are in the liver [8, 9]. The sick chickens carry the virus in their excreta, kidneys, tracheal and nasal mucosa. The virus is resistant to many environmental factors and could be easily transmitted by a mechanical route. Clinically, affected birds show lethargy, huddling, ruffled feathers, and inappetence [10].

Etiology
Group I avian adenoviruses are ubiquitous in domestic fowl and often been isolated from asymptomatic chickens. There are 5 Species of Avian adenovirus A, B, C, D and E with 12 Serotypes 1 to 12 namely Fowl adenovirus A (FAdV-1), Fowl adenovirus B (FAdV-5), Fowl adenovirus C (FAdV-4, -10), Fowl adenovirus D (FAdV-2, -3, -9 -11), Fowl adenovirus E (FAdV-6, -7, -8a, -8b).
Table

<table>
<thead>
<tr>
<th>Group C</th>
<th>Group D</th>
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<tbody>
<tr>
<td>Serotype – 4 &amp; 10</td>
<td>Serotype – 2,3,9 &amp; 11</td>
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<tr>
<td>Lesions noticed from 2nd week</td>
<td>Lesions noticed from 3rd week</td>
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<tr>
<td>Major lesions - Hydropericardium</td>
<td>No Heart involvement</td>
</tr>
<tr>
<td>Vaccine – Type 4</td>
<td>Vaccine - Type 2 &amp; 11</td>
</tr>
<tr>
<td>Broiler age of vaccination 1-10 days</td>
<td>Broiler age of vaccination 1-10 days</td>
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<tr>
<td>Breeder Vaccination: 7 days and 21 weeks</td>
<td>Breeder vaccination: 11 week and 18 week.</td>
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**Transmission**

Transmission may be vertical or lateral and may involve fomites. Immunosuppression for instance due to early IBD challenge or congenital CAV infection may be important. Both Horizontal and vertical transmission play an important role in IBH. Vertical transmission mostly involves breeder flocks infected with AAV serotypes 4 and 8 and transmit the same to commercial broiler flocks. Whereas Horizontal transmission from young chicks in contact with infected chicks can die of peracute IBH/HP.

**Clinical Findings**

IBH is characterized by a sudden onset and a sharply increased death rate that reaches peak values by the 3rd - 4th day and returns back within the normal range by the 6th - 7th day. The total death rate is usually under 10% but sometimes could attain 30%. More rarely, macro-scopically visible necrotic foci could be detected in the liver. Progeny of high health status breeding flocks appear to be at greater risk. Perhaps because they have lower levels of maternal antibody. Infection with some strains of AAVs may result in minimal hepatic disease; however, if birds have been infected with immunosuppressive viruses (IBDV, CAV, Marek's disease), the clinical disease become evident. Some of the common clinical signs observed in birds are depression, unevenness amongst flock, Inappetence, ruffled feathers, high body temperature, pallor of comb and wattles (Breeder birds). Upon Post mortem of birds one can easily see accumulation of clear fluid upto 10ml in the pericardium, Yellow color subcutaneous fat, Swollen liver with yellowish color and mottled with petechial haemorrhages, pulmonary oedema, Pale and swollen kidney, Swollen bursa with hemorrhagic lesion, Spleen enlargement with hemorrhagic lesion and Hydropericardium (HHPS) in serotype -4. Mortality rates also vary depending on the pathogenicity of the virus and infection with other viral or bacterial agents. Signs associated with diseases caused by other pathogens (eg. bacteria, fungi, or viruses) commonly occur if birds are immunosuppressed.

**Treatment and Prevention**

As in case of majority of viral diseases, there is no specific treatment to this disease. Antibiotic therapy may help to prevent secondary bacterial growth in affected birds. Keezhanelli powder is a very good liver tonic and can be used along with Jaggery as treatment in affected birds. Immunodeficiency is one of the major issues and immunostimulants like Aloe Vera, Vitamin E and Selenium in combination is useful in elevating immunity in birds. Liver supplements should be given to birds to support the hepatitis damages caused by infection.

Farm Biosecurity is very much important to control the spread of viral outbreaks from one to another place. Proper shed cleaning, Shed white Washing, Terminal disinfection before chicks placement and also sufficient shed rest if any recent history of viral outbreaks is very important to control further viral outbreaks. A very strong disinfectant spray should be used to contain the spread of disease. Cleaning of farm utensil, Proper disposal of dead birds and restrict the entry of unwanted person in farm premises are very useful from Biosecurity point of view.

Vaccination with Killed IBH vaccine to chicks at hatchery or within 5 days of age at farm level will protect the birds from IBH. When breeders are properly vaccinated, antibodies generated by the vaccine are transmitted to the progeny, providing protection against field infections and clinical disease. Effective vaccination and good biosecurity at farm level are the preventive measures of IBH outbreaks.

**Sample collection for Diagnosis of IBH**

Replication of Fowl Adeno viruses takes place mainly in liver, kidney and spleen. Liver, kidney and Spleen with lesions from fresh carcass should be considered for virus isolation.

Tissues should be collected and placed into sterile plastic container either individual tissue or pooled. For PCR, Pooled samples to be placed in 50% Glycerol saline (50ml of Glycerine + 50ml Normal saline) and to add 1 or 2 drops gentamycin. For HPE, Pooled samples should be kept in 10% formalin (10 ml of formalin + 90 ml of Distilled water). Samples should always be shipped on Ice pack or Gel pack to avoid damages or putrification.

**Conclusion**

Inclusion Body Hepatitis (IBH) affects avian species. Infections are in subclinical form. IBH also don’t have any specific treatment but to prevent secondary bacterial
infections antibiotic may be given to birds along with proper vaccination in parents will give adequate antibodies in progeny. It causes huge mortality in broiler birds causing serious economic loss to poor farmers as well as the whole commercial poultry industry.

References